



P.O. Box 22622
 Cleveland, Ohio 44122
 Phone: 216-752-5151
 Fax: 216-752-0251
 E-mail: hma@nacs.net

Bellefairs JCB Biathlon 3 Mile Run / 13 Mile Bike – August 28, 2011

Place	Name	Bib No	Age	Gender	----- 3M Run -----			----- Transition -----			----- 13M Bike -----			Total Time
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	
1	David Miceli	266	37	M	4	17:37.5	5:52	19	0:46.4	1	31:23.5	25.2	49:47.4	
2	Chris Latkovich	126	39	M	3	17:29.1	5:50	18	0:46.0	6	33:43.1	23.5	51:58.3	
3	Michael Larimer	125	38	M	5	18:15.6	6:05	84	1:09.8	7	33:59.8	23.3	53:25.2	
4	Dave Garrett	272	47	M	23	20:04.7	6:41	53	0:56.8	2	32:50.2	24.1	53:51.8	
5	William Hanson	80	37	M	2	17:22.5	5:47	41	0:53.0	15	35:37.3	22.2	53:52.9	
6	William Biscoff	290	46	M	7	18:53.0	6:18	2	0:30.0	18	36:11.0	21.9	55:34.0	
7	TEAM THOMAS FAWCETT-DUBOW -4	385	54	M	40	20:56.6	6:59	68	1:04.3	5	33:40.0	23.5	55:41.0	
8	Chris Riccardi	342	46	M	46	21:12.8	7:04	30	0:50.8	4	33:38.1	23.5	55:41.8	
9	Brian Luther	140	43	M	12	19:26.0	6:29	34	0:51.3	13	35:28.9	22.3	55:46.3	
10	Joshua Barry	12	37	M	10	19:12.4	6:24	117	1:17.7	14	35:33.4	22.3	56:03.5	
11	TEAM MILLARD LAUSIN	373	33	M	26	20:13.0	6:44	3	0:32.1	12	35:26.5	22.4	56:11.6	
12	Michael Kaminski	106	45	M	55	21:40.0	7:13	6	0:37.5	8	34:10.4	23.2	56:28.0	
13	David Katz	110	43	M	34	20:34.4	6:51	72	1:05.5	9	34:51.2	22.7	56:31.2	
14	Josiah Sell	245	33	M	6	18:31.1	6:10	48	0:55.5	30	37:16.0	21.3	56:42.7	
15	Mike Zizan	287	51	M	14	19:34.7	6:31	57	0:58.3	19	36:18.3	21.8	56:51.4	
16	Ian Hoffman	304	42	M	20	19:50.2	6:37	54	0:57.2	22	36:30.1	21.7	57:17.6	
17	Rick Martin	146	52	M	45	21:11.8	7:04	63	1:02.9	10	35:08.8	22.5	57:23.6	
18	Brian Green	74	42	M	31	20:30.3	6:50	119	1:17.8	17	35:59.6	22.0	57:47.8	
19	John Nichols	276	47	M	28	20:22.5	6:47	58	1:00.3	23	36:34.4	21.7	57:57.3	
20	Todd Thompson	217	42	M	16	19:42.6	6:34	99	1:13.3	26	37:03.5	21.4	57:59.5	
21	TEAM NERONI -2	377	15	F	39	20:51.4	6:57	45	0:54.6	20	36:21.7	21.8	58:07.8	
22	Aaron Sadholz	261	16	M	1	17:19.6	5:46	73	1:05.5	63	39:58.2	19.8	58:23.4	
23	Dominic Visconsi	222	52	M	18	19:47.0	6:36	42	0:53.1	36	38:05.2	20.8	58:45.5	
24	TEAM MCGEE	398	45	M	17	19:45.1	6:35	5	0:36.8	51	39:17.3	20.2	59:39.3	
25	TEAM PIERCE -4	386	53	M	77	22:37.4	7:32	10	0:40.8	21	36:28.5	21.7	59:46.8	

Place	Name	Bib No	Age	Gender	----- 3M Run -----			----- Transition -----			----- 13M Bike -----			Total Time
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	
26	Dan Bratys	19	54	M	82	22:51.9	7:37	60	1:02.4	16	35:53.5	22.1	59:47.9	
27	Martha Brennan	269	40	F	32	20:30.6	6:50	56	0:57.9	38	38:29.1	20.6	59:57.7	
28	Terry Marquard	143	55	M						310	59:59.2	13.2	59:59.2	
29	Keith Rintamaa	180	40	M	354	1:00:08.9	20:03			34	37:49.2	20.9	1:00:02.0	
30	Mark Stopa	317	34	M	29	20:24.7	6:48	158	1:27.5	44	38:59.9	20.3	1:00:52.2	
31	Lanny Solomon	204	60	M	73	22:26.5	7:29	95	1:12.4	33	37:40.8	21.0	1:01:19.8	
32	TEAM WEAVER FEDERINKO	364	41	F	355	1:01:27.6	20:29			45	39:01.2	20.3	1:01:22.0	
33	TEAM ADAMS -4	387	56	M	106	23:36.6	7:52	4	0:35.0	28	37:11.1	21.3	1:01:22.8	
34	Matthew Downing	302	41	M	52	21:28.7	7:09	181	1:35.8	37	38:25.8	20.6	1:01:30.5	
35	Matthew Hamulak	78	40	M	19	19:47.7	6:36	111	1:15.1	73	40:30.4	19.6	1:01:33.3	
36	TEAM NIELS BANBURY -2	399	46	M	51	21:25.1	7:08	335	7:19.1	3	32:55.4	24.1	1:01:39.6	
37	Scott Schlachter	193	51	M	90	23:00.8	7:40	157	1:27.3	29	37:12.0	21.3	1:01:40.2	
38	David Dreschler	252	47	M	87	22:58.0	7:39	143	1:24.4	31	37:18.7	21.2	1:01:41.3	
39	TEAM BANBURY LINDSETH	384	12	M	356	1:01:43.2	20:34			47	39:08.1	20.2	1:01:43.0	
40	Steve Danford	42	24	M	49	21:19.9	7:06	86	1:10.8	48	39:13.7	20.2	1:01:44.6	



P.O. Box 22622
 Cleveland, Ohio 44122
 Phone: 216-752-5151
 Fax: 216-752-0251
 E-mail: hma@nacs.net

41	Thomas Wilson	229	55	M	94	23:07.7	7:42	231	1:52.1	24	36:49.9	21.5	1:01:49.8
42	Tom Wouleber	603	40	M	33	20:31.8	6:50	31	0:50.9	75	40:37.1	19.5	1:01:59.9
43	James Sprankle	207	58	M	50	21:23.7	7:08	98	1:12.6	54	39:26.1	20.1	1:02:02.5
44	Liz Ferro	267	42	F	38	20:45.8	6:55	104	1:14.1	65	40:04.9	19.8	1:02:04.8
45	Mike Fiorill	60	53	M	75	22:30.8	7:30	16	0:45.1	42	38:59.0	20.3	1:02:15.0
46	James Leonard	130	41	M	24	20:08.4	6:43	135	1:21.9	82	40:49.6	19.4	1:02:20.0
47	Brad Sanders	192	42	M	22	20:00.8	6:40	194	1:40.6	80	40:43.1	19.5	1:02:24.6
48	Dale Hughes Hargraves	90	49	M	41	20:57.0	6:59	91	1:11.6	71	40:24.0	19.6	1:02:32.6
49	Paul Taubeneck	248	46	M	53	21:28.8	7:09	171	1:33.8	58	39:31.7	20.0	1:02:34.4
50	Monika Caine	26	35	F	56	21:45.7	7:15	237	1:57.1	40	38:55.1	20.4	1:02:38.0

Place	Name	Bib No	Age	Gender	Rnk	----- 3M Run -----		----- Transition ---		----- 13M Bike -----		Total	
						Time	Pace	Rnk	Time	Pace	Rnk		Time
51	David Klapholz	115	49	M	101	23:31.9	7:50	85	1:10.5	35	37:57.4	20.9	1:02:40.0
52	TEAM LANESE -4	372	48	F	48	21:17.1	7:06	20	0:46.5	78	40:39.6	19.5	1:02:43.2
53	Albin Kucmanic	270	43	M	125	24:07.2	8:02	108	1:14.3	32	37:31.0	21.1	1:02:52.6
54	Dean Koch	277	46	M	66	22:10.8	7:23	209	1:45.5	41	38:57.9	20.3	1:02:54.3
55	Joe Hannum	79	42	M	70	22:13.1	7:24	210	1:45.7	43	38:59.7	20.3	1:02:58.7
56	TEAM ROTH SCHLACTER -4	380	52	M	85	22:57.5	7:39	27	0:49.4	50	39:15.1	20.2	1:03:02.0
57	Laurie Perduyn	167	42	F	81	22:39.7	7:33	78	1:06.5	52	39:22.3	20.1	1:03:08.5
58	Loreto Agdinaoy	3	37	M	151	24:47.2	8:16	138	1:23.1	25	37:01.2	21.4	1:03:11.5
59	LP McSweeney	274	48	M	83	22:55.9	7:38	102	1:13.9	46	39:05.4	20.3	1:03:15.2
60	TEAM BRANCAE -4	357	34	F	166	25:19.0	8:26	29	0:50.1	27	37:10.2	21.3	1:03:19.4
61	Scott Tatro	216	46	M	47	21:16.8	7:05	168	1:32.0	76	40:37.5	19.5	1:03:26.5
62	TEAM FEINLEIB -2	365	43	F	88	22:58.8	7:39	13	0:42.9	60	39:46.8	19.9	1:03:28.6
63	John Hendricks	82	42	M	36	20:42.1	6:54			108	42:52.2	18.5	1:03:34.4
64	Marty Frygier	63	43	M	37	20:45.3	6:55	212	1:46.8	89	41:02.9	19.3	1:03:35.1
65	TEAM HERBERT KERR -2	369	44	M	245	27:45.8	9:15	11	0:41.0	11	35:16.3	22.5	1:03:43.2
66	TEAM LEVY DIELMAN	363	37	M	105	23:34.9	7:51	26	0:48.9	53	39:23.2	20.1	1:03:47.0
67	Matthew Daly	281	49	M	59	21:48.8	7:16	205	1:44.2	68	40:20.5	19.6	1:03:53.6
68	Dan Rusek	187	54	M	42	20:59.2	7:00	59	1:02.1	101	42:05.9	18.8	1:04:07.3
69	Drew Gunn	76	43	M	76	22:35.4	7:32	106	1:14.2	70	40:22.3	19.6	1:04:11.9
70	Mark Sukie	247	43	M	44	21:10.4	7:03	109	1:14.9	97	41:59.6	18.9	1:04:25.0
71	TEAM CALABRISE ROCKWOOD	389	56	M	103	23:32.9	7:51	38	0:52.1	64	40:01.9	19.8	1:04:27.0
72	Ben Davis	46	34	M	72	22:14.5	7:25	43	0:53.3	93	41:21.6	19.2	1:04:29.4
73	Alicia Basinska	260	33	F	124	24:06.1	8:02	55	0:57.3	57	39:31.4	20.0	1:04:34.8
74	Brian Mitchell	241	42	M	93	23:05.9	7:42	252	2:03.9	56	39:29.5	20.1	1:04:39.4
75	Michael Thomas	250	45	M	65	22:06.3	7:22	186	1:37.4	85	40:56.7	19.3	1:04:40.5

Place	Name	Bib No	Age	Gender	Rnk	----- 3M Run -----		----- Transition ---		----- 13M Bike -----		Total	
						Time	Pace	Rnk	Time	Pace	Rnk		Time
76	Michael Stovsky	211	47	M	58	21:48.3	7:16	167	1:32.0	92	41:21.4	19.2	1:04:41.7
77	John McHugh	147	43	M	61	21:53.1	7:18	229	1:51.1	88	41:02.6	19.3	1:04:46.8
78	Michael Woods	232	54	M	142	24:28.7	8:09	76	1:06.2	55	39:28.7	20.1	1:05:03.7
79	TEAM GROVE	366	49	M	143	24:35.3	8:12	15	0:45.0	62	39:56.2	19.8	1:05:16.5
80	TEAM BRADLEY KARN	394	15	M	13	19:30.0	6:30	1	0:26.8	150	45:23.3	17.5	1:05:20.1
81	Helen Jablonski	299	49	F	126	24:08.8	8:03	17	0:45.7	72	40:29.8	19.6	1:05:24.4
82	Joseph Marquette	144	44	M	67	22:11.6	7:24	152	1:25.9	98	42:01.5	18.8	1:05:39.1



P.O. Box 22622
 Cleveland, Ohio 44122
 Phone: 216-752-5151
 Fax: 216-752-0251
 E-mail: hma@nacs.net

83	Kevin Brett	280	24	M	54	21:37.1	7:12	177	1:34.9	104	42:38.4	18.6	1:05:50.6
84	Ed Sopko	206	28	M	74	22:30.5	7:30	37	0:51.7	102	42:30.5	18.6	1:05:52.8
85	Joey Klein	116	32	M	357	1:06:18.2	22:06			67	40:15.3	19.7	1:05:54.0
86	Jason Zakrajsek	278	37	M	104	23:34.2	7:51	145	1:24.5	84	40:55.3	19.4	1:05:54.1
87	TEAM CULLEN BORCHERT-ISAACS -2	356	15	M						338	1:06:19.0	11.9	1:06:19.0
88	Ronald Beech	15	53	M	127	24:11.1	8:04	190	1:38.7	74	40:30.7	19.6	1:06:20.6
89	Larry Koval	124	63	M	97	23:26.6	7:49	150	1:25.5	95	41:32.1	19.1	1:06:24.3
90	Paul Ferguson	58	56	F	147	24:39.1	8:13	234	1:52.7	61	39:54.5	19.8	1:06:26.3
91	Morris Wheeler	316	50	M	175	25:43.2	8:34	179	1:35.0	49	39:14.5	20.2	1:06:32.8
92	TEAM KREEGER COOKE -2	360	27	M	212	26:52.4	8:57	23	0:48.0	39	38:54.2	20.4	1:06:34.6
93	Christopher Knoth	120	19	M	9	19:10.9	6:23	25	0:48.4	172	46:36.7	17.0	1:06:36.1
94	Mark Constantino	300	46	M	130	24:14.6	8:05	269	2:22.8	66	40:08.4	19.7	1:06:45.9
95	Becca Roach	244	27	F	110	23:48.0	7:56	83	1:09.2	96	41:52.0	18.9	1:06:49.3
96	Steve Blashka	286	43	M	131	24:14.9	8:05	197	1:41.4	83	40:55.3	19.4	1:06:51.7
97	John Flynn	61	41	M	116	24:01.0	8:00	211	1:46.3	90	41:10.8	19.2	1:06:58.2
98	Anita Kaylor	111	55	F	153	24:53.3	8:18	144	1:24.5	79	40:42.5	19.5	1:07:00.4
99	Jim Cullen	39	53	M	63	22:02.5	7:21	183	1:36.8	118	43:38.8	18.2	1:07:18.2
100	Matt Graban	255	39	M	80	22:39.6	7:33	52	0:56.7	123	43:48.0	18.1	1:07:24.4

Place	Name	Bib No	Age	Gender	Rnk	----- 3M Run -----		----- Transition ---		----- 13M Bike -----		Total	
						Time	Pace	Rnk	Time	Pace	Rnk		Time
101	Robert Ruffing	185	35	M	111	23:48.2	7:56	297	2:55.2	91	41:14.0	19.2	1:07:57.5
102	Jeff Dunnigan	263	41	M	30	20:28.6	6:49	175	1:34.4	157	46:01.5	17.2	1:08:04.6
103	Eric Patthoff	275	37	M	179	25:44.9	8:35	149	1:24.9	86	40:59.7	19.3	1:08:09.7
104	Robert Gerling	69	48	M	155	24:54.5	8:18	264	2:17.4	87	41:00.9	19.3	1:08:13.0
105	Greg Klipan	117	62	M	91	23:03.9	7:41	254	2:08.2	112	43:05.5	18.4	1:08:17.7
106	TEAM SMITH HOY	367	40	F	161	25:01.6	8:20	12	0:41.9	103	42:36.3	18.6	1:08:20.0
107	Kevin Hoy	310	42	M	133	24:16.1	8:05	248	2:01.3	99	42:04.9	18.8	1:08:22.4
108	Roger Pruger	174	32	M	60	21:50.2	7:17	115	1:16.6	147	45:17.1	17.5	1:08:24.0
109	Steven DiFranco	328	43	M	69	22:12.5	7:24	180	1:35.3	138	44:39.9	17.7	1:08:27.8
110	Kirk Huendorf	288	55	M	78	22:38.0	7:33	107	1:14.3	137	44:37.5	17.8	1:08:29.9
111	Scott Sommers	205	41	M	199	26:21.8	8:47	154	1:26.9	81	40:47.5	19.4	1:08:36.3
112	Amy Dreschler	253	45	F	62	21:56.3	7:19	250	2:02.2	139	44:43.4	17.7	1:08:42.0
113	Paul Dinickle	268	38	M	141	24:28.2	8:09	50	0:56.4	115	43:21.6	18.3	1:08:46.3
114	Scott Cameron	27	31	M	138	24:19.8	8:06	243	1:59.9	105	42:40.9	18.6	1:09:00.8
115	Kevin Sirey	330	27	M	188	26:04.4	8:41	46	0:55.3	100	42:05.7	18.8	1:09:05.4
116	Carter Strang	213	60	M	195	26:10.7	8:43			111	42:58.7	18.4	1:09:09.5
117	TEAM WARNER WARBLEWSKI	390	52	M	152	24:49.6	8:16	62	1:02.9	114	43:20.5	18.3	1:09:13.1
118	Kyle Retter	334	29	M	25	20:11.6	6:44	147	1:24.8	193	47:38.2	16.6	1:09:14.7
119	TEAM STUSEK SOMMERS -2	381	43	F	162	25:02.6	8:21	22	0:47.7	117	43:26.9	18.2	1:09:17.3
120	David Olsen	160	42	M	96	23:21.7	7:47	261	2:13.8	120	43:44.1	18.1	1:09:19.7
121	Keith Wilk	228	39	M	27	20:19.0	6:46	121	1:18.8	197	47:48.7	16.6	1:09:26.6
122	Rick Edinger	305	38	M	57	21:47.3	7:16	36	0:51.6	176	46:54.5	16.9	1:09:33.5
123	Gwen Davis	47	53	F	246	27:49.3	9:16	90	1:11.5	77	40:38.0	19.5	1:09:38.9
124	Steve Gariepy	66	58	M	137	24:18.6	8:06	174	1:33.9	127	43:53.3	18.0	1:09:46.0
125	TEAM ADKINS BENNETT -2	395	30	M	190	26:05.5	8:42	7	0:37.5	113	43:05.6	18.4	1:09:48.6

Place	Name	Bib No	Age	Gender	Rnk	----- 3M Run -----		----- Transition ---		----- 13M Bike -----		Total
						Time	Pace	Rnk	Time	Pace	Rnk	



P.O. Box 22622
 Cleveland, Ohio 44122
 Phone: 216-752-5151
 Fax: 216-752-0251
 E-mail: hma@nacs.net

Place	Name	Bib No	Age	Gender	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Time
126	Michele DeWitt	296	57	F	64	22:04.9	7:21	321	4:01.3	124	43:48.5	18.1	1:09:54.7	
127	Jamie Cole	31	42	F	132	24:15.3	8:05	93	1:12.3	131	44:27.4	17.8	1:09:55.0	
128	Joseph Jammal	95	20	M	109	23:47.3	7:56	265	2:19.4	126	43:50.9	18.1	1:09:57.7	
129	Jill Stovsky	212	44	F	102	23:32.1	7:51	244	2:00.8	133	44:29.3	17.8	1:10:02.3	
130	Anthony Berdis	17	44	M	120	24:02.9	8:01	75	1:06.0	146	45:13.6	17.5	1:10:22.6	
131	TEAM LUDWIG -4	396	14	F	186	25:57.8	8:39	14	0:43.9	122	43:47.0	18.1	1:10:28.8	
132	Daniel Kilbride	10	43	M	122	24:03.7	8:01	316	3:38.0	107	42:49.8	18.5	1:10:31.6	
133	TEAM BEWLEY -2	354	18	M	128	24:12.0	8:04	8	0:38.7	153	45:46.5	17.3	1:10:37.3	
134	Danny Goldstein	73	46	M	134	24:16.7	8:05	219	1:48.3	136	44:33.9	17.8	1:10:39.0	
135	Mike Ludwig	318	49	M	100	23:31.5	7:50	233	1:52.2	148	45:18.8	17.5	1:10:42.6	
136	Jeff Tepper	314	44	M	230	27:25.6	9:08	221	1:48.5	94	41:31.7	19.1	1:10:45.9	
137	TEAM KARN -2	392	48	M	293	30:21.3	10:07	47	0:55.4	59	39:32.2	20.0	1:10:48.9	
138	Spencer Abramson	1	39	M	135	24:17.1	8:06	226	1:50.4	140	44:50.1	17.7	1:10:57.7	
139	Lindsay Palmer	293	30	F	172	25:34.3	8:31	100	1:13.3	130	44:11.3	17.9	1:10:59.0	
140	TEAM DAVIS BENJAMIN -2	352	43	M	224	27:13.3	9:04	39	0:52.7	110	42:56.5	18.4	1:11:02.6	
141	Trista Jones	98	39	F	145	24:37.3	8:12	289	2:42.4	121	43:46.9	18.1	1:11:06.8	
142	James Kaylor	112	55	M	220	27:10.2	9:03	191	1:40.1	106	42:43.0	18.5	1:11:33.3	
143	Brian Kelly	113	41	M	156	24:55.4	8:18	103	1:14.0	152	45:41.7	17.3	1:11:51.2	
144	Andrew Hertz	239	46	M	129	24:12.6	8:04	77	1:06.2	168	46:33.5	17.0	1:11:52.5	
145	Oscar Padilla	163	35	M	163	25:11.8	8:24	314	3:18.6	116	43:25.4	18.2	1:11:55.8	
146	TEAM MESTER BALDWIN	152	41	M	198	26:16.6	8:45	110	1:15.1	135	44:31.1	17.8	1:12:03.0	
147	Jeff Wasserman	336	49	M	358	1:12:04.3	24:01			337	1:06:17.3	11.9	1:12:04.3	
148	TEAM MIERKE -2	375	47	M	309	30:40.5	10:13	66	1:03.4	69	40:21.7	19.6	1:12:05.6	
149	Richard Kaman	105	33	M	89	22:59.7	7:40	142	1:24.3	196	47:47.2	16.6	1:12:11.3	
150	Tony Visconsi	257	54	M	183	25:49.0	8:36	238	1:57.5	132	44:28.9	17.8	1:12:15.5	

Place	Name	Bib No	Age	Gender	Rnk	3M Run		Transition		13M Bike		Total	
						Time	Pace	Rnk	Time	Pace	Rnk		Time
151	Chris Hunter	91	47	M	160	25:00.7	8:20	257	2:11.6	143	45:06.4	17.6	1:12:18.8
152	Jeffrey Lucas	138	35	M	180	25:46.2	8:35	188	1:37.5	141	44:59.7	17.6	1:12:23.5
153	Stephen Kaufman	271	52	M	119	24:02.1	8:01	164	1:30.3	175	46:54.0	16.9	1:12:26.5
154	Andrew Johnson	97	25	M	139	24:20.6	8:07	124	1:19.7	174	46:53.0	16.9	1:12:33.4
155	Ryan Rivchun	181	34	M	157	24:56.2	8:19	137	1:23.0	165	46:26.2	17.1	1:12:45.6
156	Keith Kearney	319	43	M	71	22:14.5	7:25	129	1:20.3	209	49:13.3	16.1	1:12:48.1
157	Brian Zbanek	235	38	M	92	23:05.9	7:42	306	3:08.4	170	46:35.3	17.0	1:12:49.7
158	TEAM TICHAR	605	25	M	112	23:49.0	7:56			207	49:07.2	16.1	1:12:56.3
159	Dylan Rusek	186	15	M	35	20:34.8	6:51	126	1:20.0	228	51:10.7	15.5	1:13:05.6
160	David Olson	161	47	M	187	26:01.2	8:40	81	1:08.8	159	46:11.4	17.1	1:13:21.6
161	Elizabeth Reno	177	32	F	136	24:17.7	8:06	286	2:40.6	166	46:26.6	17.1	1:13:25.0
162	Shira Polster	172	24	F	154	24:53.8	8:18	172	1:33.9	179	47:01.9	16.8	1:13:29.7
163	Troy Gembariski	68	39	M	8	18:53.8	6:18	51	0:56.7	259	53:40.8	14.8	1:13:31.4
164	Ira Levinsky	349	52	M	281	29:33.4	9:51			128	43:59.6	18.0	1:13:33.1
165	Aryeh Sunshine	215	14	M	21	19:50.7	6:37	182	1:36.6	241	52:21.2	15.1	1:13:48.5
166	Eddy Kraus	297	50	M	140	24:24.6	8:08	260	2:13.4	187	47:20.4	16.7	1:13:58.4
167	Bill Albers	4	61	M	167	25:19.4	8:26	196	1:41.1	178	46:59.4	16.9	1:14:00.0
168	TEAM LAWRENCE -2	374	13	M	218	27:08.0	9:03	32	0:51.0	158	46:03.4	17.2	1:14:02.5
169	Brian Bails	279	52	M	226	27:23.6	9:08	166	1:31.0	145	45:12.7	17.5	1:14:07.4
170	Mark Adams	2	35	M	146	24:38.3	8:13	247	2:01.3	191	47:29.5	16.7	1:14:09.1
171	Richard Stager	209	55	M	108	23:46.5	7:55	64	1:03.0	210	49:27.2	16.0	1:14:16.8
172	TEAM POLLACK MARKS	379	47	M	177	25:44.4	8:35	24	0:48.1	194	47:46.2	16.6	1:14:18.8



P.O. Box 22622
 Cleveland, Ohio 44122
 Phone: 216-752-5151
 Fax: 216-752-0251
 E-mail: hma@nacs.net

173	Lauren Smith	201	29	F	222	27:12.7	9:04	223	1:49.5	149	45:19.4	17.5	1:14:21.8
174	Tom Detweiler	258	52	M	241	27:42.0	9:14	296	2:53.7	125	43:49.7	18.1	1:14:25.5
175	Mary Wilkinson	322	44	F	113	23:49.1	7:56	216	1:47.8	206	49:05.5	16.1	1:14:42.5

Place Name	Bib No	Age	Gender	Rnk	----- 3M Run -----			----- Transition ---			----- 13M Bike -----		Total
					Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	
176	Sean Merchant	151	37	M	225	27:16.9	9:05	266	2:22.2	144	45:07.5	17.6	1:14:46.7
177	Richard Stovsky	273	53	M	148	24:40.4	8:13	307	3:08.5	185	47:11.2	16.8	1:15:00.2
178	Mike Bass	13	41	M	98	23:27.4	7:49	300	2:58.0	204	48:36.0	16.3	1:15:01.5
179	Sarah Jammal	96	15	F	158	24:58.7	8:19	285	2:40.5	190	47:29.4	16.7	1:15:08.7
180	don moyer	155	37	M	223	27:13.2	9:04	323	4:20.5	119	43:39.4	18.1	1:15:13.2
181	Dan Polster	171	59	M	210	26:47.3	8:56	198	1:41.4	183	47:03.8	16.8	1:15:32.5
182	TEAM TALERICO KEEGAN	368	52	F	303	30:31.6	10:10	44	0:54.2	129	44:10.6	17.9	1:15:36.5
183	Stacy Beattie	14	38	M	214	27:00.7	9:00	262	2:15.4	163	46:21.6	17.1	1:15:37.8
184	Donna White	315	40	F	219	27:08.9	9:03	96	1:12.4	186	47:17.8	16.8	1:15:39.1
185	Sue Demay	291	54	F	208	26:37.0	8:52	118	1:17.7	195	47:47.0	16.6	1:15:41.8
186	Kevin Riulhun	324	31	M	191	26:06.2	8:42	313	3:13.3	169	46:34.9	17.0	1:15:54.5
187	Heather Schlang	194	46	F	216	27:04.3	9:01	222	1:48.7	180	47:02.9	16.8	1:15:56.1
188	Rich Lawrence	128	50	M	211	26:50.2	8:57	89	1:11.5	201	48:07.4	16.5	1:16:09.2
189	Juan Ruiz	609	39	M	235	27:27.8	9:09	280	2:35.2	164	46:24.3	17.1	1:16:27.3
190	Melissa Albers	5	23	F	221	27:11.6	9:04	146	1:24.7	198	47:52.4	16.5	1:16:28.8
191	Stan Piekos	170	67	M	192	26:07.6	8:42	33	0:51.0	211	49:41.2	15.9	1:16:39.9
192	TEAM MORGENSTERN -4	376	66	M	242	27:42.9	9:14	246	2:01.1	182	47:03.8	16.8	1:16:47.8
193	Charlotte Greene	75	21	F	239	27:39.8	9:13	114	1:16.5	199	47:52.9	16.5	1:16:49.2
194	Brien Shanahan	284	57	M	286	29:43.8	9:54	185	1:37.2	151	45:29.9	17.4	1:16:51.0
195	Ian Hoffman	306	42	M	184	25:49.8	8:36	65	1:03.4	214	50:01.0	15.8	1:16:54.3
196	Jason Crowe	38	28	M	121	24:03.0	8:01	230	1:51.1	226	51:02.5	15.5	1:16:56.7
197	Daniel DAMico	41	37	M	250	28:04.0	9:21	242	1:59.4	177	46:57.4	16.9	1:17:00.9
198	Tanie Younkin	234	35	F	280	29:32.8	9:51	125	1:19.8	162	46:21.1	17.1	1:17:13.8
199	Craig Reulbach	179	53	M	261	28:47.4	9:36	278	2:33.5	156	46:00.3	17.2	1:17:21.3
200	Marilena DiSilvio	51	44	F	168	25:19.7	8:26	277	2:32.2	212	49:42.3	15.9	1:17:34.2

Place Name	Bib No	Age	Gender	Rnk	----- 3M Run -----			----- Transition ---			----- 13M Bike -----		Total
					Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	
201	TEAM BUTLER OAKES -4	358	48	F	331	32:21.6	10:47	40	0:52.9	134	44:29.7	17.8	1:17:44.4
202	Cheryl Wallingford	223	29	F	84	22:56.4	7:39	255	2:09.1	244	52:44.4	15.0	1:17:50.0
203	Andrew Koonce	122	38	M	269	29:10.4	9:43	192	1:40.1	181	47:03.2	16.8	1:17:53.8
204	Steve Eisenberg	53	41	M	278	29:32.1	9:51	283	2:38.7	154	45:52.9	17.3	1:18:03.8
205	Irma Barcelona	11	39	F	257	28:37.1	9:32	299	2:55.5	171	46:36.7	17.0	1:18:09.3
206	Marc Byrnes	606	57	M	251	28:08.2	9:23	239	1:58.2	200	48:07.1	16.5	1:18:13.6
207	Neil Quinn	175	49	M	252	28:08.7	9:23			215	50:07.1	15.8	1:18:15.9
208	TEAM CUTLER THRUSH -4	362	62	F	123	24:06.0	8:02	28	0:50.1	251	53:22.6	14.8	1:18:18.8
209	TEAM WALLENFELSZ -4	383	50	M	308	30:39.0	10:13	97	1:12.4	167	46:31.7	17.0	1:18:23.2
210	Sean Hunt	240	35	M	196	26:15.9	8:45	218	1:48.0	217	50:20.9	15.7	1:18:24.9
211	Lori Kalic	104	39	F	274	29:26.7	9:49	253	2:07.2	184	47:07.8	16.8	1:18:41.7
212	Matt Kashuk	109	38	M	292	30:10.8	10:03	225	1:50.1	173	46:42.7	17.0	1:18:43.8
213	Joshua Sunshine	214	47	M	247	27:55.1	9:18	288	2:42.1	202	48:12.6	16.4	1:18:49.9
214	Fran Feuer	59	54	F	193	26:09.7	8:43	202	1:42.9	225	50:58.4	15.5	1:18:51.0
215	Theresa Weiss	226	40	F	185	25:50.9	8:37	148	1:24.9	233	51:37.6	15.3	1:18:53.4



P.O. Box 22622
 Cleveland, Ohio 44122
 Phone: 216-752-5151
 Fax: 216-752-0251
 E-mail: hma@nacs.net

216	Chris Pascarella	166	39	M	95	23:20.4	7:47	275	2:28.3	246	53:07.2	14.9	1:18:56.0
217	Tricia Johnson	303	31	F	194	26:10.7	8:43	213	1:46.8	227	51:05.7	15.5	1:19:03.3
218	Emily Burkins	23	27	F	150	24:42.7	8:14	334	6:55.0	189	47:28.8	16.7	1:19:06.6
219	Rania Karim	107	28	F	202	26:26.6	8:49	272	2:25.8	216	50:19.7	15.7	1:19:12.3
220	Robert Solganik	203	40	M	270	29:20.7	9:47	318	3:44.8	161	46:16.8	17.1	1:19:22.3
221	Brian Bulson	289	31	M	107	23:38.7	7:53	94	1:12.3	265	54:35.9	14.5	1:19:27.0
222	Mary A Dunbar	52	69	F	236	27:28.0	9:09	163	1:29.8	219	50:30.0	15.7	1:19:27.8
223	Mark Rader	176	48	M	178	25:44.4	8:35	61	1:02.8	243	52:44.2	15.0	1:19:31.5
224	James Long	135	58	M	244	27:44.9	9:15	311	3:12.5	205	48:42.6	16.3	1:19:40.1
225	Janet Lowder	136	58	F	213	26:53.2	8:58	240	1:58.3	223	50:56.6	15.5	1:19:48.2

Place	Name	Bib No	Age	Gender	Rnk	3M Run		Transition		13M Bike		Total	
						Time	Pace	Rnk	Time	Pace	Rnk		Time
226	Heidi Yoho	233	44	F	205	26:31.1	8:50	113	1:16.2	238	52:03.4	15.2	1:19:50.8
227	Lauren Smith	200	28	F	181	25:46.4	8:35	312	3:12.9	221	50:54.5	15.6	1:19:54.0
228	Nicholas Judd	100	27	M	240	27:41.7	9:14	120	1:18.0	222	50:56.2	15.5	1:19:55.9
229	Melissa DeGaetano	49	32	F	262	28:52.0	9:37	315	3:33.6	192	47:33.9	16.7	1:19:59.7
230	Andy Karn	108	27	M	114	23:55.0	7:58	294	2:46.3	254	53:30.8	14.8	1:20:12.1
231	Dominique Allds	6	30	F	182	25:47.0	8:36	116	1:16.8	248	53:11.4	14.9	1:20:15.4
232	Eric Ludwig	139	39	M	209	26:38.0	8:53	220	1:48.3	236	51:58.6	15.2	1:20:25.0
233	TEAM MICHAEL RUSEK LAMMANN -2	370	44	M	204	26:29.7	8:50	21	0:47.0	249	53:13.6	14.9	1:20:30.4
234	Anoop David	44	22	M	315	31:32.5	10:31	195	1:40.9	188	47:24.6	16.7	1:20:38.1
235	Hannah Knapp	118	20	F	149	24:42.3	8:14	67	1:03.7	273	55:07.2	14.4	1:20:53.3
236	Chuck Hampton	77	42	M	294	30:22.0	10:07	170	1:33.7	208	49:08.7	16.1	1:21:04.5
237	Steven Ansberry	7	27	M	159	24:59.8	8:20	160	1:28.8	266	54:38.5	14.5	1:21:07.2
238	Lena Debaz	238	23	F	253	28:12.0	9:24	159	1:28.7	232	51:36.0	15.3	1:21:16.8
239	Sarah Nice	307	63	F	276	29:29.4	9:50	249	2:01.9	213	49:46.8	15.9	1:21:18.2
240	Aaron Burko	24	41	M	320	31:37.8	10:32	330	4:44.9	142	45:00.4	17.6	1:21:23.2
241	TEAM ALGOR -2	351	32	M	174	25:42.6	8:34	82	1:08.9	268	54:41.4	14.5	1:21:33.0
242	Ilana Sadholz	189	14	F	118	24:01.6	8:00	74	1:05.9	288	56:27.2	14.0	1:21:34.7
243	Marc Cutler	40	64	M	322	31:43.8	10:34	189	1:38.1	203	48:18.4	16.4	1:21:40.4
244	Beth Lucas	137	32	F	277	29:31.8	9:50	130	1:20.7	224	50:57.5	15.5	1:21:50.1
245	Isabel Rothman	184	14	F	117	24:01.4	8:00	79	1:06.7	290	56:43.5	14.0	1:21:51.7
246	Rob Rupper	301	44	M	295	30:23.4	10:08	92	1:12.2	218	50:24.3	15.7	1:21:59.9
247	John Kennedy	292	58	M	238	27:31.8	9:10	141	1:23.7	247	53:09.3	14.9	1:22:04.9
248	John Tischar	254	28	M	203	26:29.7	8:50	123	1:18.9	263	54:26.0	14.5	1:22:14.6
249	Bissan Abboud	309	14	M	15	19:36.7	6:32	101	1:13.7	321	1:01:31.5	12.9	1:22:22.0
250	Ahlin Mimi	327	37	F	237	27:31.5	9:10	259	2:12.8	242	52:40.8	15.0	1:22:25.2

Place	Name	Bib No	Age	Gender	Rnk	3M Run		Transition		13M Bike		Total	
						Time	Pace	Rnk	Time	Pace	Rnk		Time
251	Carrie Davis	45	49	F	234	27:27.4	9:09	184	1:37.1	253	53:24.9	14.8	1:22:29.5
252	Richard Knoth	121	52	M	215	27:03.5	9:01			277	55:31.9	14.3	1:22:35.5
253	Ethan Cutler	262	34	M	206	26:35.0	8:52	162	1:29.6	267	54:39.5	14.5	1:22:44.2
254	Beth Minadeo	153	59	F	258	28:40.4	9:33	301	2:59.8	230	51:21.7	15.4	1:23:02.0
255	Joseph Horvath	89	47	M	189	26:05.3	8:42	224	1:50.0	274	55:08.2	14.4	1:23:03.6
256	Joey Martin	145	53	F	348	36:04.1	12:01	173	1:33.9	155	45:56.4	17.2	1:23:34.5
257	TEAM SILVER COHEN -4	359	52	F	272	29:24.7	9:48	140	1:23.6	245	52:49.8	15.0	1:23:38.2



P.O. Box 22622
 Cleveland, Ohio 44122
 Phone: 216-752-5151
 Fax: 216-752-0251
 E-mail: hma@nacs.net

258	TEAM PETRANIC -2	378	45	F	254	28:15.0	9:25	71	1:05.4	261	54:19.9	14.6	1:23:40.3
259	TEAM ISAACS CULLEN -2	361	18	F	200	26:23.1	8:48	271	2:25.8	270	54:54.2	14.4	1:23:43.1
260	Kim Kotora	123	36	F	169	25:24.1	8:28	112	1:15.3	291	57:08.6	13.9	1:23:48.1
261	Krystle Kulon	313	25	F	314	31:32.2	10:31	215	1:47.6	220	50:46.7	15.6	1:24:06.6
262	Tim Kilbane	202	51	M	263	28:52.2	9:37	251	2:02.4	252	53:23.2	14.8	1:24:17.9
263	Eric Malkin	142	45	M	284	29:42.3	9:54	134	1:21.2	250	53:18.3	14.9	1:24:21.9
264	Michael Goldberg	72	41	M	231	27:25.7	9:08	136	1:22.9	278	55:41.0	14.2	1:24:29.7
265	Judah Friedman	62	36	M	228	27:25.6	9:08	128	1:20.3	282	55:45.5	14.2	1:24:31.4
266	Michelle Haines	331	43	F	217	27:07.3	9:02			294	57:27.3	13.8	1:24:34.7
267	Cindi Wiley	227	34	F	266	29:07.0	9:42	235	1:56.0	256	53:33.6	14.8	1:24:36.7
268	Ron Slogar	246	43	M	197	26:16.2	8:45	227	1:51.0	289	56:31.5	14.0	1:24:38.8
269	Frank Pantuso	164	70	M	275	29:28.0	9:49	201	1:42.5	260	53:49.4	14.7	1:25:00.0
270	Terry Sullivan	329	55	M	86	22:57.9	7:39	236	1:56.4	313	1:00:14.6	13.1	1:25:09.0
271	Allison Retter	178	25	F	165	25:17.3	8:26	70	1:04.9	303	58:56.5	13.4	1:25:18.8
272	Emily Sykes	249	21	F	79	22:38.4	7:33			327	1:02:54.6	12.6	1:25:33.0
273	Michelle Sito	199	39	F	289	29:51.0	9:57	122	1:18.9	264	54:27.6	14.5	1:25:37.6
274	Darren Burke	294	46	M	326	32:05.9	10:42	268	2:22.6	229	51:13.8	15.5	1:25:42.5
275	James Elek	54	35	M	249	28:00.5	9:20			300	58:04.0	13.6	1:26:04.5

Place	Name	Bib No	Age	Gender	----- 3M Run -----			----- Transition ---			----- 13M Bike -----			Total
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	
276	Paul Krysa	298	36	M	317	31:33.6	10:31	293	2:45.8	234	51:49.2	15.3	1:26:08.7	
277	Amanda DePompei	50	33	F	332	32:21.9	10:47	232	1:52.1	237	51:59.0	15.2	1:26:13.1	
278	Dale Cowan	36	73	M	243	27:44.1	9:15	295	2:47.8	283	55:47.1	14.2	1:26:19.1	
279	Keith Keryman	340	53	M	173	25:40.8	8:33			315	1:00:42.1	13.0	1:26:22.9	
280	Stacey Fanning	55	37	F	290	29:52.0	9:57	298	2:55.5	258	53:39.1	14.8	1:26:26.7	
281	Maria Zachary	285	33	F	318	31:34.2	10:31	279	2:33.8	240	52:20.7	15.1	1:26:28.7	
282	Sarah Perkins	168	34	F	316	31:33.0	10:31	282	2:38.0	239	52:19.2	15.1	1:26:30.3	
283	Christine Porter	323	49	F	248	27:58.4	9:19	80	1:08.1	295	57:30.4	13.8	1:26:37.0	
284	TEAM STONEHILL SOLGANIK -4	388	80	M				343	43:56.4	109	42:55.9	18.5	1:26:52.3	
285	Benjamin Mckinney	148	35	M	285	29:43.1	9:54	161	1:29.1	285	55:53.1	14.2	1:27:05.4	
286	TEAM SCHERER SANOVICH -2	393	47	F	344	34:47.5	11:36	69	1:04.9	235	51:52.1	15.3	1:27:44.6	
287	Carolyn Arnold	9	51	F	265	29:02.6	9:41	308	3:10.1	280	55:41.6	14.2	1:27:54.5	
288	TEAM SANOVICH	391	20	F				340	24:47.7	329	1:03:22.2	12.5	1:28:09.9	
289	David Cole	32	44	M	164	25:13.8	8:24	333	5:25.3	296	57:40.6	13.7	1:28:19.8	
290	Ken Kmieck	341	56	M	311	30:47.3	10:16	337	11:26.1	160	46:13.0	17.1	1:28:26.6	
291	Cathy Schmidt	195	29	F	268	29:09.2	9:43	165	1:30.6	299	57:55.8	13.7	1:28:35.7	
292	James Rutti	188	55	M	338	33:20.2	11:07	203	1:43.1	257	53:36.9	14.8	1:28:40.2	
293	TEAM ERBY	397	47	M	171	25:29.8	8:30	49	0:55.9	325	1:02:24.7	12.7	1:28:50.5	
294	TEAM VANN BERGMAN -2	353	38	F	207	26:35.4	8:52	155	1:27.1	318	1:01:04.8	13.0	1:29:07.4	
295	Ruth Stanger	210	48	F	260	28:44.8	9:35	331	4:54.2	276	55:30.7	14.3	1:29:09.8	
296	Karen Morton	154	47	F	259	28:44.5	9:35	332	5:09.3	275	55:18.3	14.3	1:29:12.1	
297	Liz Hass-Hill	311	50	F	323	31:44.7	10:35	217	1:48.0	279	55:41.2	14.2	1:29:14.0	
298	Nainita Madurai	141	20	F	299	30:29.5	10:10	176	1:34.7	293	57:11.9	13.9	1:29:16.2	
299	TEAM ROBERTA RUSEK LAMANNA -4	371	28	F	176	25:44.1	8:35	87	1:11.0	328	1:02:56.2	12.6	1:29:51.4	
300	Jim Hurley	94	50	M	327	32:07.6	10:42	131	1:20.9	287	56:23.6	14.0	1:29:52.2	

Place	Name	Bib No	Age	Gender	----- 3M Run -----			----- Transition ---			----- 13M Bike -----			Total
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	



P.O. Box 22622
 Cleveland, Ohio 44122
 Phone: 216-752-5151
 Fax: 216-752-0251
 E-mail: hma@nacs.net

Place	Name	Bib No	Age	Gender	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Time
301	Jeremy Hunter	92	13	M	144	24:36.9	8:12	214	1:47.1		330	1:03:30.6	12.5	1:29:54.6
302	Erin Trimbath	218	30	F	271	29:21.5	9:47	132	1:20.9		308	59:23.6	13.3	1:30:06.1
303	Mitch Katz	312	47	M	340	34:13.6	11:24	88	1:11.2		269	54:47.7	14.5	1:30:12.6
304	Natalie Breedlove	20	26	F	279	29:32.5	9:51	153	1:26.2		306	59:20.4	13.3	1:30:19.2
305	William Thomas	265	60	M	170	25:26.4	8:29	290	2:42.7		324	1:02:21.5	12.7	1:30:30.7
306	Marguerita Carrabine	29	59	F	312	31:25.3	10:28	207	1:44.4		297	57:47.1	13.7	1:30:56.9
307	Linda Rae	243	46	F	341	34:24.9	11:28	178	1:35.0		271	54:59.6	14.4	1:30:59.5
308	Christy Ferguson	57	0	F	342	34:26.0	11:29	267	2:22.4		262	54:25.4	14.6	1:31:13.9
309	Mitchell Maly	600	13	M	310	30:41.9	10:14	127	1:20.1		309	59:44.2	13.3	1:31:46.3
310	Catherine Lawhun	127	50	F	307	30:35.9	10:12	263	2:16.4		302	58:55.0	13.4	1:31:47.4
311	Rachel Conrad	34	37	F	291	29:57.7	9:59	204	1:43.4		311	1:00:10.5	13.2	1:31:51.7
312	Joe Conrad	33	38	M	283	29:39.7	9:53	245	2:01.0		312	1:00:11.6	13.2	1:31:52.3
313	Kevin Schmidt	333	29	M	267	29:08.2	9:43	169	1:33.0		320	1:01:31.1	12.9	1:32:12.4
314	Lesia Wasio	225	28	F	336	33:02.7	11:01	322	4:17.5		272	55:00.7	14.4	1:32:20.9
315	Jennifer Woods	231	28	F	337	33:03.5	11:01	319	3:49.2		281	55:42.3	14.2	1:32:35.1
316	Stephanie Hiedemann	84	43	F	264	28:58.6	9:39	302	3:00.1		316	1:00:44.3	13.0	1:32:43.0
317	Michelle Tryon	251	37	F	328	32:12.4	10:44	329	4:44.5		284	55:48.5	14.2	1:32:45.5
318	Jane Sak	191	59	F	329	32:12.6	10:44	327	4:40.2		286	55:57.0	14.2	1:32:49.8
319	William DeWitt	295	55	M	349	37:28.4	12:29	320	3:58.7		231	51:27.7	15.4	1:32:54.9
320	Lyla Blake-Gumbs	18	45	F	333	32:47.4	10:56	303	3:00.9		292	57:09.5	13.9	1:32:57.9
321	Steve Behringer	16	55	M	282	29:34.0	9:51	309	3:10.3		314	1:00:23.1	13.1	1:33:07.5
322	Drew Kant	339	13	M	68	22:12.3	7:24	35	0:51.6		342	1:10:05.5	11.3	1:33:09.4
323	Blake Himes	86	12	M	232	27:25.8	9:08	206	1:44.3		333	1:04:01.0	12.4	1:33:11.2
324	Stephen Cheng	30	47	M	99	23:29.7	7:50	338	11:58.7		298	57:52.2	13.7	1:33:20.7
325	Jon Held	81	70	M	350	37:30.4	12:30	304	3:05.7		255	53:32.7	14.8	1:34:08.9

Place	Name	Bib No	Age	Gender	Rnk	----- 3M Run -----		----- Transition ---		----- 13M Bike -----		Total		
						Time	Pace	Rnk	Time	Pace	Rnk		Time	Rate
326	Pam Nervo	325	47	F	330	32:18.4	10:46	133	1:21.0		319	1:01:07.1	13.0	1:34:46.6
327	Pam Bulson	22	59	F	343	34:42.6	11:34	151	1:25.6		301	58:43.1	13.5	1:34:51.4
328	Dean Razek	348	27	M	296	30:25.7	10:08	292	2:45.4		326	1:02:39.6	12.6	1:35:50.8
329	Mary Ann Lemke	129	62	F	346	35:36.2	11:52	139	1:23.6		307	59:21.4	13.3	1:36:21.3
330	Larry Lindberg	133	63	M	334	33:00.8	11:00	324	4:25.4		305	59:00.1	13.4	1:36:26.4
331	Russell Lindberg	134	32	M	335	33:01.3	11:00	325	4:30.5		304	58:59.3	13.4	1:36:31.1
332	Tricia Knapp	119	38	F	319	31:35.7	10:32				334	1:05:04.3	12.2	1:36:40.1
333	Janet McLaughlin	149	61	F	324	31:47.4	10:36	156	1:27.2		331	1:03:36.5	12.5	1:36:51.2
334	Cheri Detweiler	259	50	F	339	33:38.4	11:13	199	1:41.7		323	1:02:01.8	12.8	1:37:22.0
335	Susan Weiss	338	44	F	302	30:31.4	10:10	187	1:37.4		335	1:05:46.5	12.0	1:37:55.5
336	Rachel Kabb-Effron	101	37	F							363	1:38:02.0	8.08	1:38:02.0
337	Lori Decato	308	50	F	325	31:53.7	10:38	291	2:44.7		332	1:03:37.7	12.4	1:38:16.2
338	Joy Sedlock	197	44	F	306	30:34.5	10:11	258	2:12.1		339	1:06:31.5	11.9	1:39:18.2
339	Susan Silverberg	198	49	F	347	36:01.9	12:00	256	2:09.2		322	1:01:46.3	12.8	1:39:57.5
340	Marcy Tyler	219	39	F	300	30:30.4	10:10	273	2:26.1		340	1:08:05.1	11.6	1:41:01.7
341	Steven Tyler	220	49	M	301	30:31.1	10:10	274	2:28.0		341	1:08:06.7	11.6	1:41:05.8
342	Emma Ponitz	332	11	F	201	26:23.7	8:48	270	2:24.0		346	1:13:47.9	10.7	1:42:35.7
343	Keith Ponitz	242	49	M	287	29:46.0	9:55	208	1:44.8		343	1:11:05.7	11.1	1:42:36.6
344	Audrey Himes	87	10	F	227	27:24.9	9:08	200	1:41.8		347	1:14:09.8	10.7	1:43:16.7
345	Anita Gillberg	70	48	F	288	29:47.5	9:56	336	7:29.6		336	1:06:07.5	12.0	1:43:24.7
346	Elaine Ortiz	162	40	F	297	30:27.6	10:09	284	2:40.2		344	1:11:07.0	11.1	1:44:14.9
347	Julie Partin	165	42	F	298	30:27.9	10:09	287	2:41.7		345	1:11:08.0	11.1	1:44:17.7



P.O. Box 22622
 Cleveland, Ohio 44122
 Phone: 216-752-5151
 Fax: 216-752-0251
 E-mail: hma@nacs.net

348	Eileen Sadowsky	190	49	F					344	44:04.8	317	1:00:53.8	13.0	1:44:58.6
349	TEAM JESKE HIRZ	607	28	M	11	19:20.6	6:27	9	0:40.6		362	1:26:37.1	9.14	1:46:38.4
350	Andrew Sprungle	208	24	M							364	1:46:39.4	7.43	1:46:39.4

Place	Name	Bib No	Age	Gender	----- 3M Run -----			----- Transition ---			----- 13M Bike -----			Total Time
					Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	
351	Chris Coburn	604	54	M	353	59:08.2	19:43				361	1:24:58.9	9.32	1:46:39.6
352	Bill Mulligan	157	57	M	360	1:18:20.0	26:07				356	1:22:07.1	9.64	1:46:40.0
353	Natalie Daniels	43	27	F	321	31:42.6	10:34	241	1:58.9		348	1:14:43.8	10.6	1:48:25.4
354	Dianne Covault	35	10	F	229	27:25.6	9:08	193	1:40.4		360	1:23:55.2	9.44	1:53:01.3
355	Brett Himes	85	53	M	233	27:26.0	9:09	228	1:51.0		359	1:23:45.4	9.46	1:53:02.5
356	Megan Gajoch	64	19	F	305	30:33.0	10:11	310	3:11.1		352	1:19:41.2	9.94	1:53:25.4
357	James Gajoch	65	22	M	304	30:33.0	10:11	305	3:08.1		353	1:19:45.8	9.93	1:53:27.0
358	Geraldine Anthony	8	59	F	313	31:26.7	10:29	326	4:37.0		357	1:22:23.1	9.61	1:58:27.0
359	Charles Woods	230	54	M	115	23:59.9	8:00	339	12:02.5		358	1:22:34.4	9.59	1:58:37.0
360	Michele Ungar	221	39	F	351	38:08.7	12:43	276	2:28.5		351	1:18:30.6	10.1	1:59:08.0
361	Abbie Levin	131	32	F	352	38:30.3	12:50	281	2:35.4		350	1:18:02.1	10.1	1:59:08.0
362	Debra Schrembeck	196	50	F					342	41:31.5	349	1:17:40.4	10.2	1:59:12.0
363	Rebecca Maly	602	10	F					341	38:34.5	354	1:20:47.5	9.80	1:59:22.0
364	Yulia Maly	601	43	F	345	35:16.2	11:45	317	3:41.2		355	1:21:06.8	9.77	2:00:04.4